

**Table 1 Correct responses of schoolteachers to questions in the Newest Vital Sign scale, by sex**

Item#	Abbreviated item	% correct response			$\chi^2$	P-value
		Females (n = 168)	Males (n = 332)	Total (n = 500)		
1	How many calories in entire ice cream carton?	47.0	31.6	36.8	11.371	0.001
2	How much ice cream has 60 g carbohydrates?	29.2	20.8	23.6	4.348	0.037
3	How many grammes of saturated fat in 1 serving?	39.9	33.7	35.8	1.833	0.176
4	What % of 2500 calorie daily intake is this pint of ice cream?	57.7	40.4	46.2	13.551	< 0.001
5	If allergic to peanuts, can you eat this ice cream?	57.7	33.1	41.4	27.839	< 0.001
6	If not, why not?	42.9	20.8	28.2	26.845	< 0.001