

**Table 2 Knowledge about sweet foods and beverages among the studied schoolchildren, by sex**

Item	Dietary knowledge of sweet foods and beverages							
	Girls (n = 333)				Boys (n = 520)			
	False		True		False		True	
	No.	%	No.	%	No.	%	No.	%
Taste of food related to oral health	106	31.8	227	68.2	182	35.0	338	65.0
Source of sweet taste of food	63	18.9	270	81.1	132	25.4	658	74.6
Forms of sweet food	243	73.0	90	27.0	373	71.7	147	28.3
Sweetened drinks	223	67.0	110	33.0	343	66.0	177	34.0
<b><i>Which contains more sugar:</i></b>								
Mineral water vs fruit juice	22	6.6	311	93.4	37	7.1	483	92.9
Orange vs soft drinks	236	70.9	97	29.1	292	56.2	228	43.8
Apple vs sweets	47	14.1	286	85.9	65	12.5	455	87.5
Grapes vs jam	64	19.2	269	80.8	90	17.3	430	82.7
Oats vs honey	27	8.1	306	91.9	58	11.2	462	88.8
Plain bread vs milk with sugar	130	39.0	203	61.0	133	25.6	387	74.4
Rice vs tea with sugar	22	6.6	311	93.4	42	8.1	478	91.9
Potatoes vs chocolate	19	5.7	314	94.3	18	3.5	502	96.5
Carrot vs ice cream	2	0.6	331	99.4	6	1.1	514	98.9
Fried chicken vs lollypop	8	2.4	325	97.6	14	2.7	506	97.3
Kebab vs dates	88	26.4	245	73.6	145	27.9	375	72.1