

**Table 1 Questionnaire and scoring system for assessing self-perceived oral health**

Domain/items*	Score 1	Score 2	Score 3
<b>Knowledge</b>			
Do you know it is important to use fluoridated toothpaste?			
Do you know how to avoid cavities?			
Do you know the mechanism behind loose teeth/ gum disease?	Yes	Yes, in parts perhaps	No
Do you know how to avoid loose teeth/ gum disease?			
Do you know the mechanism behind cavities?			
<b>Function</b>			
Do you have difficulties in chewing food due to problems in your mouth?			
Do you have headache due to problems in your teeth/ mouth?	No, never	Yes, sometimes	Yes, several times
Do you have shooting pain from warm or cold food or drink?			
<b>Quality of life</b>			
Have you ever felt bad or been ashamed of your mouth?			
Have you ever felt depressed due to your teeth or mouth?	No, never	Yes, sometimes	Yes, several times
<b>Social aspects</b>			
Have you ever avoided laughing due to problems with your teeth or mouth?			
Have you ever avoided normal socializing due to problems with your teeth or mouth?	No, never	Yes, sometimes	Yes, several times
Have you ever felt embarrassed due to your teeth or mouth?			

\*The Arabic version of the questionnaire was used for the survey.