

Table 5 Association between health-care system-related factors and non-adherence to anti-hypertensive medication

Health-care system variables	Non-adherence		Adherence		χ^2	P-value
	No.	%	No.	%		
<i>Last clinic follow up (months)</i>						
≤ 1	21	23.3	69	76.7	28.1	< 0.001
> 1	93	58.1	67	41.9		
<i>Received education and counselling sessions</i>						
Yes	17	27.0	46	73.0	11.8	< 0.001
No	97	51.9	90	48.1		
<i>No. of times drugs changed by physician</i>						
≤ 1	61	38.4	98	61.6	9.21	0.02
> 1	53	58.2	38	41.8		
<i>Aware of physician's instructions</i>						
Yes	101	43.0	134	57.0	10.9	< 0.001*
No	13	86.7	2	13.3		

*Fisher exact test.