

Table 4 Association between patient-related factors and non-adherence to hypertensive medication

Patient-related variables	Non-adherence		Adherence		$\chi^2$	P-value
	No.	%	No.	%		
<b><i>Forgetfulness</i></b>						
Yes	94	76.4	29	23.6	51.2	< 0.001
No	16	23.2	53	76.8		
<b><i>Not trusting physician's diagnosis</i></b>						
Yes	4	66.7	2	33.3	0.21	0.64*
No	106	57.3	79	42.7		
<b><i>Family support</i></b>						
Yes	105	57.1	79	42.9	0.57	0.45*
No	5	71.4	2	28.6		
<b><i>Aware of hypertension complications</i></b>						
Yes	78	40.6	114	59.4	8.26	< 0.001
No	36	62.1	22	37.9		
<b><i>Method of identifying antihypertensive medication</i></b>						
Colour or shape of package	54	56.3	42	43.8	7.12	0.01
Name of drug	60	39.0	94	61.0		
<b><i>Check blood pressure daily</i></b>						
Yes	40	44.9	49	55.1	0.02	0.88
No	74	46.0	87	54.0		
<b><i>Believe in importance of diet in controlling blood pressure</i></b>						
Yes	106	46.5	122	53.5	0.83	0.36
No	8	36.4	14	63.6		

\*Fisher exact test.