

Table 1 Demographic and clinical characteristics and risk factors for sepsis in the study groups of patients

| Variable | Severe sepsis (n = 27) | Sepsis (n = 25) | Controls (n = 28) | χ^2 -value | P-value |
|--|---------------------------|--------------------|----------------------|-----------------|---------|
| <i>Age (years) [mean (range)]</i> | 62.7 (43.9–71.5) | 53.1 (44.1–69.0) | 50.2 (40.0–60.5) | | 0.1 |
| <i>Sex ratio (no. of males/females)</i> | 16/11 | 15/10 | 19/9 | 0.53 | 0.76 |
| <i>APACHE II score [mean (range)]</i> | 19.5 (16.0–27.0) | 16.5 (12.0–21.5) | n/a | 2.42 | 0.01 |
| <i>Deaths (no.)</i> | 15 | 4 | n/a | 8.7 | 0.003 |
| <i>Risk factors (no. of patients)</i> | | | | | |
| Older age (> 60 years) | 18 ^a | 9 | 4 | 16.0 | < 0.001 |
| Hospitalization > 48 h | 27 | 25 | 5 ^a | 15.5 | < 0.001 |
| Corticosteroid therapy | 5 ^b | 3 | 0 | 5.4 | 0.06 |
| <i>Instrumentation</i> | | | | | |
| Mechanical ventilation | 27 ^a | 14 | 10 | 25.5 | < 0.001 |
| Central venous catheter | 20 ^a | 12 ^b | 6 | 15.3 | < 0.001 |
| Urinary catheter | 27 ^a | 20 ^b | 13 | 21.5 | < 0.001 |
| Post-surgery | 4 | 4 | 6 | 0.47 | 0.78 |
| Cardiovascular disease | 2 | 3 | 5 | 1.38 | 0.50 |
| Hepatic disease | 7 | 5 | 5 | 0.57 | 0.75 |
| Renal disease | 3 | 6 | 6 | 1.62 | 0.44 |
| CNS disease | 2 | 4 | 6 | 2.15 | 0.34 |
| Polytrauma | 10 ^a | 3 | 0 | 14.3 | < 0.001 |
| Diabetes mellitus | 9 ^a | 2 | 0 | 13.9 | < 0.001 |

^aSignificant difference versus other groups; ^bSignificant difference versus controls.

APACHE = Acute Physiology and Chronic Health Evaluation; CNS = central nervous system; n/a = not applicable.