Table 5 Multivariable logistic regression analysis of any type of complementary/alternative medicine (CAM) use

Predictor variable	Adjusted OR (95% CI)	P-value
Age (years)		
50–59	0.97 (0.68–1.39)	0.89
40–49	Ref.	
Nationality		
Qatari	1.75 (1.29–2.37)	< 0.001
Non-Qatari	Ref.	
Education level		
University graduate & above	3.75 (2.28–6.16)	< 0.001
Secondary	2.35 (1.39–3.99)	0.002
Elementary	1.90 (1.03–3.49)	0.04
Illiterate/primary	Ref.	
Menopause status		
Postmenopausal	1.01 (0.63–1.61)	0.98
Perimenopausal	0.91 (0.62–1.34)	0.63
Premenopausal	Ref.	
Vasomotor symptoms		
Yes	1.30 (0.96–1.76)	0.09
Somatic symptoms		
Yes	1.48 (0.93–2.36)	0.10
Psychological symptoms		
Yes	1.07 (0.70–1.62)	0.77

Ref. = reference group; OR = odds ratio; CI = confidence interval.