

**Table 4 Mean daily duration of sedentary activities and sleeping, and mean weekly amount of physical activity among public and private schoolchildren by sex**

Activity/sex	Public schoolchildren		Private schoolchildren	
	No.	Mean (SE)	No.	Mean (SE)
<b>Duration of sedentary activities (h/day)</b>				
<i>TV viewing<sup>a,d</sup></i>				
Males	174	3.3 (0.12)	189	3.4 (0.12)
Females	160	3.9 (0.14)	152	3.3 (0.13)
<i>Computer use<sup>a</sup></i>				
Males	174	3.1 (0.14)	189	3.3 (0.13)
Females	160	3.3 (0.15)	152	3.1 (0.15)
<i>Sleeping</i>				
Males	174	5.0 (0.13)	189	5.1 (0.14)
Females	160	5.2 (0.13)	152	4.9 (0.14)
<b>Amount of physical activity (METs min/week)</b>				
<i>Moderate intensity<sup>a</sup></i>				
Males	174	1413 (76)	189	1139 (76)
Females	160	1062 (83)	152	1080 (81)
<i>Vigorous intensity<sup>c</sup></i>				
Males	174	3388 (177)	189	3521 (176)
Females	160	970 (193)	152	987 (188)
<i>Total<sup>c</sup></i>				
Males	174	4801 (228)	189	4660 (207)
Females	160	2031 (208)	152	2068 (222)

*Between-subjects effects significant at  $P < 0.05$  for the effect of: <sup>a</sup>age, <sup>b</sup>school type <sup>c</sup>sex and <sup>d</sup>school type by sex.*

*MET = metabolic-equivalent; SE = standard error.*