

Table 1 Demographic data of mothers who breastfed their infant for less than 6 months or 6 months or more

Variable	Total		Duration of breastfeeding				P-value
			< 6 months		≥ 6 months		
<i>Maternal age (years) [mean (SD)]</i>	–		32.7 (9.2)		31.5 (5.4)		0.323
<i>Time of starting breastfeeding (hours) [mean (SD)]</i>	–		36.1 (26.5)		21.7 (18.9)		< 0.001
<i>Weaning age (months) [mean (SD)]</i>	–		4.53 (1.36)		5.16 (1.15)		0.001
Nationality (no., %)	–		–		–		
Kuwaiti	169	72.2	131	76.2	38	61.3	0.038
Non-Kuwaiti	65	27.8	41	23.8	24	38.7	
Education							
Primary	76	32.5	63	36.6	13	21.0	0.004
Secondary	67	28.6	53	30.8	14	22.6	
University	91	38.9	56	32.6	35	56.5	
Residence (no., %)							
With family	177	75.6	134	77.9	43	69.4	0.241
Separate housing	57	24.4	38	22.1	19	30.6	
Breastfed before (no., %)							
Yes	170	72.6	120	69.8	50	80.6	0.139
No	64	27.4	52	30.2	12	19.4	
Breastfeeding in the workplace (no., %)							
Not employed	52	22.2	33	19.2	19	30.6	0.013
Can breastfeed at work	121	51.7	86	50.0	35	56.5	
Cannot breastfeed at work	61	26.1	53	30.8	8	12.9	
Timeliness of receiving breastfeeding information (no., %)							
During pregnancy	90	38.5	58	33.7	32	51.6	0.020
After birth	144	61.5	114	66.3	30	48.4	
Adequacy of milk production as perceived by mother (no., %)							
Adequate	89	38.0	57	33.1	32	51.6	0.016
Inadequate	145	62.0	115	66.9	30	48.4	
Birth order of child (no., %)							
1st	40	17.1	27	15.7	13	21.0	0.260
2nd	62	26.5	47	27.3	15	24.2	
3rd	47	20.1	32	18.6	15	24.2	
4th	34	14.5	23	13.4	11	17.7	
> 4th	51	21.8	43	25.0	8	12.9	
Source of breastfeeding information (no., %)							
Doctor	107	45.7	73	42.4	34	54.8	0.346
Nurse	65	27.8	49	28.5	16	25.8	
Relatives and friends	48	20.5	39	22.7	9	14.5	
News and media	14	6	11	6.4	3	4.8	

Breastfed refers to any breastfeeding (exclusive and non-exclusive).

SD = standard deviation.