

Table 3 Trends and future projections of the age- and sex-specific prevalence of obesity among adult men and women in Saudi Arabia, 1992–2022

Year	Obesity prevalence (%)									
	Men					Women				
	25–34 yrs	35–44 yrs	45–54 yrs	55–64 yrs	All	25–34 yrs	35–44 yrs	45–54 yrs	55–64 yrs	All
1992	10.1	14.0	14.2	12.9	12.0	16.1	25.1	25.8	22.8	20.7
1997	25.2	27.8	29.1	25.0	26.6	40.2	45.2	48.1	42.5	43.1
2002	26.4	32.0	31.5	28.8	29.3	39.8	51.1	54.8	49.2	46.3
2007	27.9	35.8	34.0	32.0	32.0	41.2	57.8	62.4	56.2	51.1
2012	30.1	39.2	37.1	34.8	35.1	45.7	66.3	72.5	64.5	58.7
2017	32.4	43.0	40.4	37.8	38.2	50.7	76.0	84.3	74.1	67.5
2022	34.9	47.1	44.0	41.0	41.4	56.3	87.1	97.9	85.0	77.6