

**Table 2 Mean body mass index (BMI) values by age and sex**

Age range (years)	Males			Females		
	No.	Mean (SD) BMI (kg/m <sup>2</sup> )	95% CI	No.	Mean (SD) BMI (kg/m <sup>2</sup> )	95% CI
20-24	94	20.4 (3.5)	19.7-21.0	165	20.7 (3.8)	20.0-21.2
25-34	262	21.4 (3.5)	21.0-21.9	390	23.2 (4.6)	22.7-23.7
35-44	242	22.8 (3.9)	22.3-23.3	406	25.3 (5.2)	24.8-25.8
45-54	135	22.5 (4.1)	21.8-23.2	293	25.1 (5.4)	24.4-25.7
55-64	103	21.8 (4.3)	21.0-22.7	205	23.9 (5.2)	23.0-24.6
65+	83	20.8 (3.6)	20.0-21.6	122	23.0 (4.8)	22.2-23.9
Total	919	21.8 (3.9)	21.6-22.0	1581	23.9 (5.1)	23.6-24.0

*BMI = body mass index; SD = standard deviation; CI = confidence interval.*