

**Table 2 Burden of suffering in women in the United Arab Emirates aged 30+ years with stress urinary incontinence**

Issue	No. of women <sup>a</sup> (n = 99)
Cause for leakage	
With cough	69
With intercourse	11
With exercise	8
On standing from a sitting position	8
With orgasm	2
Impact on life	
Interference with daily life	62
Interference with prayers	56
Embarrassment	41
Noticed by spouse	11
Coping strategy	
Frequent changing of underwear	58
Wearing perineal pads	23
Decreased fluid intake	13
Avoiding physical activity	18

<sup>a</sup>*Self-reported (loss of urine).*