

Table 3 Smoking abstinence rates of clients at each stage of the study by age and sex

Age/sex	Total remaining in study No.	Quit smoking after 4 weeks		Maintained quitting:			
		No.	% ^a	After 6 months		After 12 months	
				No.	% ^b	No.	% ^b
19-31 years							
Male	47	42	89.4	21	50.0	8	19.0
Female	19	17	89.5	2	11.8	0	0.0
32-40 years							
Male	49	45	91.8	29	64.4	15	33.3
Female	11	9	81.8	1	11.1	1	11.1
41-52 years							
Male	41	39	95.1	21	53.8	14	35.9
Female	41	30	73.2	23	76.7	15	50.0
> 52 years							
Male	51	45	88.2	23	51.1	21	46.7
Female	20	19	95	15	78.9	15	78.9
All ages							
Male	188	171	91	94	55.0	58	33.9
Female	91	75	82.4	41	54.7	31	41.3

^aPercentage of those entering this phase of the study;

^bPercentage of those who had quit after 4 weeks.