

Table 2 Smoking abstinence rates by type of nicotine replacement therapy for clients at each stage of the study by type of nicotine replacement therapy (NRT) selected

Type of NRT	Total remaining in study	Quit smoking after 4 weeks		Maintained quitting:			
	No.	No.	% ^a	After 6 months		After 12 months	
				No.	% ^b	No.	% ^b
All methods	279	246	88.2	135	54.9	89	36.2
Gum	143	120	84.0	55	45.8	31	25.8
Patches	27	24	88.8	22	91.7	4	16.7
Tablets	25	22	88.0	4	18.2	4	18.2
Patches + gum	84	80	95.2	54	67.5	50	62.5
<i>P</i> -value			0.028		< 0.001		< 0.001

^aPercentage of those entering this phase of the study; ^bPercentage of those who had quit after 4 weeks.