**Table 1** Baseline demographic variables and Fagerström scores for nicotine dependence for clients at entry to the study by type of nicotine replacement therapy NRT selected

| Type of nicotine replacement therapy | Total entering study | Male | | Female | | Age years | | Fagerström score | |
|---|---|---|---|---|---|---|---|---|---|
| | No. | No. | % | No. | % | Mean | SD | Mean | SD |
| All methods | 308 | 211 | 68.5 | 97 | 31.5 | 42.4 | 13.4 | 5.8 | 2.1 |
| Gum | 161 | 114 | 70.8 | 47 | 29.2 | 42.1 | 14.6 | 5.6 | 2.5 |
| Patches | 31 | 20 | 64.5 | 11 | 35.5 | 41.9 | 8.9 | 5.8 | 3.1 |
| Tablets | 29 | 21 | 72.4 | 8 | 27.6 | 43.2 | 10.1 | 5.7 | 2.6 |
| Patches + gum | 87 | 56 | 64.4 | 31 | 35.6 | 46.1 | 12.8 | 6.0 | 2.8 |
| P-value | | | 0.66 | | | 0.30[a] | | 0.88[a] | |

[a]Analysis of variance.
SD = standard deviation.