

**Table 1 Demographic information of participants (n = 389)**

Variable	No.	%
<b>Age (years)</b>		
Mean (SD)	15.8 (1.4)	
<b>Nationality</b>		
Lebanese	341	87.7
Palestinian	48	12.3
<b>Years since menarche (n = 387)<sup>a</sup></b>		
1	4	1.0
2	26	6.7
3	58	14.9
4	81	20.8
5	82	21.1
6	74	19.0
7	38	9.8
8	20	5.1
9	4	1.0
Data unclear	2	0.5
<b>School grade</b>		
8th	91	23.4
9th	91	23.4
10th	105	27.0
11th	57	14.7
12th	45	11.6
<b>Father's education</b>		
Primary	65	16.7
Elementary	104	26.7
Secondary	87	22.4
University	133	34.4
<b>Mother's education</b>		
Primary	35	9.0
Elementary	103	26.5
Secondary	120	30.8
University	131	33.6
<b>Monthly family income (US\$)</b>		
< 1000	59	15.2
1000–2000	145	37.3
2000–3000	101	26.0
> 3000	84	21.6

<sup>a</sup>Variable derived from subtracting the current age of schoolgirls and their age at menarche.  
SD = standard deviation.