

Table 6 Principal component analysis of barriers to formal health-care-seeking behaviour

Barrier	Loading of each barrier on both factors	
	Factor 1	Factor 2
Knowledge of services	0.056	0.596
Inadequate means of transportation	0.059	0.770
Concerns about confidentiality towards parents	0.635	0.337
Difficulties of contact	0.358	0.468
Cost	0.412	0.648
Embarrassment in disclosing health concerns	0.746	0.263
General concerns about confidentiality	0.732	0.282
Doubt about the ability of professionals to help	0.710	-0.112
	Factor 1: relational barriers ^a	Factor 2: accessibility barriers ^b
Eigen value	2.304	1.863
Variance (%)	28.796	23.284

^aGeneral concerns about confidentiality, concerns about confidentiality towards the parents, embarrassment in disclosing health concerns, and doubt about the ability of professionals to help.

^bKnowledge of services, inadequate transport, difficulty of contact and cost.