

Table 4 Adherence of health care providers to the readiness for discharge guidelines of the American Diabetes Association for cases (diabetic patients subsequently readmitted within 28 days) and controls (diabetic patients not readmitted)

Readiness for discharge guidelines	% adherence to guidelines	
	Cases (n = 62)	Controls (n = 62)
Acceptable blood glucose control (3.3–13.9 mmol/L)	75.8*	98.4
No changes in insulin or sulfonylurea dose for at least 24 h before discharge	59.7*	85.5
Ensure that patient or family is able to do finger-stick glucose measurement	6.5*	27.4
Ensure that patient or family understands medication regimen and is able to administer insulin or oral sulfonylurea	16.1*	75.8
Patient or family has been instructed in and understands the dietary regimen	6.5*	66.1
Patient or family has been instructed in and understands foot care	6.5*	25.8
Appointment for follow-up in outpatient department	72.4*	95.2

* $P < 0.05$ versus controls.