

**Table 3 Fulfilment of programme aims, objectives and process outcomes according to student evaluations**

Triple A programme	Peer leaders	Year 10 students	Year 7 & 8 students
<b><i>Aims</i></b>			
Create a supportive school environment for asthma	✓	✓	✓
Decrease asthma emergencies at school	NA	NA	NA
Promote asthma awareness in the school community	✓	✓	✓
Prevent smoking	✓	✓	✓
<b><i>Programme objectives</i></b>			
Use asthma reliever medications when required	NA	NA	NA
Take preventive action to avoid exercise-induced asthma	✓	✓	✓
Recognize signs of worsening asthma	✓	✓	✓
Understand the need to see a doctor for their asthma	✓	✓	✓
Comply with the daily use of preventer medications	NA	NA	NA
<b><i>Educational objectives</i></b>			
Increase knowledge of asthma and its management	✓	✓	✓
Promote positive attitudes towards asthma	✓	✓	✓
Promote avoidance of smoking and passive smoking	✓	✓	✓
Identify the steps to take in an asthma emergency	✓	✓	✓
<b><i>Process outcomes</i></b>			
Promotes social responsibility and leadership	✓	✓	NA
Enhances collaborative group work skills	✓	✓	NA
Offers opportunities to participate in community action	✓	✓	NA
Builds friendships	✓	✓	✓

*Adapted from Shah & Cantwell [17].*

*NA = not assessed.*