

**Table 1** Demographic and clinical data for children and adolescents attending child psychiatric clinics ( $n = 899$ ) and linear regression analysis of the risk factors for unstable versus stable outcome

Risk factor	No.	%	Outcome		OR (95% CI)
			Stable	Unstable	
			No.	No.	
<b>Age (years)</b>					
≤ 10	570	63.4	462	108	0.82 (0.57-1.18)
≥ 11	329	36.6	276	53	
<b>Sex</b>					
Male	499	55.5	413	86	1.11 (0.79-1.56)
Female	400	44.5	325	75	
<b>Nationality</b>					
Saudi	829	92.2	679	150	0.84 (0.43-1.65)
Non-Saudi	70	7.8	59	11	
<b>Education</b>					
None	327	36.4	246	81	0.49 (0.35-0.70)
Literate	572	63.6	492	80	
<b>Residence</b>					
Urban	870	96.8	717	153	1.79 (0.78-4.11)
Rural	29	3.2	21	8	
<b>Parental consanguinity</b>					
Yes	448	49.8	355	93	0.69 (0.48-0.96)
No	451	50.2	383	68	
<b>Perinatal complications<sup>a</sup></b>					
Yes	376	45.8	280	96	2.84 (1.94-4.14) <sup>b</sup>
No	445	54.2	397	48	
<b>Order among siblings<sup>a</sup></b>					
≤ 6	689	83.1	571	118	1.26 (0.80-1.99)
≥ 7	140	16.9	111	29	
<b>No. of siblings<sup>a</sup></b>					
≤ 9	431	83.1	324	107	1.03 (0.60-1.76)
≥ 10	83	16.9	62	21	
<b>No. of visits to clinic</b>					
≤ 14	818	91.0	665	153	0.48 (0.23-1.01)
≥ 15	81	9.0	73	8	
<b>Age of onset of symptoms (years)</b>					
≤ 5	852	94.8	699	153	0.94 (0.43-2.05)
≥ 6	47	5.2	39	8	
<b>Symptoms<sup>a</sup></b>					
≤ 5	230	25.6	209	21	2.64 (1.59-4.43) <sup>b</sup>
≥ 6	667	74.4	527	140	
<b>Stressful life events</b>					
Yes	460	51.2	363	97	0.64 (0.45-0.90)
No	439	48.8	375	64	
<b>Family history of psychiatric illness</b>					
Yes	283	31.5	219	64	0.64 (0.45-0.91)
No	616	68.5	519	97	
<b>Psychiatric comorbidity<sup>a</sup></b>					
Yes	364	40.5	235	129	0.12 (0.08-0.18)
No	534	59.5	502	32	
<b>Psychiatric comorbidity</b>					
≥ 3	104	11.6	14	90	0.02 (0.01-0.03)
≤ 2	795	88.4	724	71	
<b>Physical comorbidity</b>					
Yes	269	29.9	171	98	0.19 (0.13-0.28)
No	630	70.1	567	63	

<sup>a</sup>Data missing for some cases. <sup>b</sup> $P < 0.05$ .

OR = odds ratio; CI = confidence interval.