

Table 1 Demographic and programme data of 51 patients with chronic lung diseases

Variable	All patients (n = 51)		Interstitial lung diseases (n = 21)		Bronchiectasis (n = 18)		Asthma (n = 7)		Scoliosis (n = 5)		P-value
<i>Mean (SD) age (years)</i>	57.2 (13.2)		61.0 (9.4)		56.0 (16.6)		56.6 (13.3)		46.2 (7.9)		0.148
<i>Sex</i>	No.	%	No.	%	No.	%	No.	%	No.	%	0.038
Men	15	29.4	6	28.6	5	27.8	1	14.3	3	60.0	
Women	36	70.6	15	71.4	13	72.2	6	85.7	2	40.0	
<i>Right ventricle abnormality</i>											0.444
Absent	45	88.2	17	81.0	16	88.9	7	100.0	5	100.0	
Present	6	11.8	4	19.0	2	11.1	0	0.0	0	0.0	
<i>Adherence to rehabilitation programme</i>											0.496
Adherent	32	62.7	11	52.4	13	72.2	4	57.1	4	80.0	
Non-adherent	19	37.3	10	47.6	5	27.8	3	42.9	1	20.0	
<i>Mean (SD) duration of programme for adherent patients) (days)</i>	66.0 (17.4)		65.6 (12.2)		60.9 (21.8)		72.8 (16.8)		77.0 (10.9)		0.355
<i>Mean (SD) no. of sessions for adherent patients</i>	13.3 (6.3)		12.3 (6.0)		14.3 (6.3)		12.1 (7.7)		15.0 (6.7)		0.699

SD = standard deviation.