

Table 5 Psychometric assessment of glaucoma patients before and after the educational programme (n = 50)

Items	Pre-programme		Post-programme		χ^2 -value	P-value
	No.	%	No.	%		
<i>Anxiety</i>						
None	0	0	21	42	8.1	< 0.05
Mild	5	10	13	26		
Moderate	16	32	9	18		
Severe	29	58	7	14		
Total mean (SD) score	2.50 (0.7)		1.04 (1.1)			
<i>Depression</i>						
Mild	14	28	31	62	2.4	< 0.05
Moderate	23	46	15	30		
Severe	13	26	4	8		
Total mean (SD) score	1.98 (0.7)		1.64 (0.7)			
<i>Self-esteem</i>						
High	5	10	39	78	10.0	< 0.001
Low	45	90	11	22		
Total mean (SD) score	1.10 (0.3)		1.80 (0.4)			

SD = standard deviation.