

**Table 1 Metabolic syndrome status of the study patients according to selected characteristics**

Characteristic	With metabolic syndrome ( <i>n</i> = 274)		Without metabolic syndrome ( <i>n</i> = 456)		Total ( <i>n</i> = 730)	
	No.	%	No.	%	No.	%
Smoking	41	14.9	75	16.0	116	15.9
Physical activity	65	23.7	128	28.0	193	26.4
Family history of premature cardiovascular disease <sup>a</sup>	45	16.4	35	7.7	80	11.0

<sup>a</sup>*P* < 0.001.

*n* = total number of participants.