

Table 4 Distribution of participants according to preferred educational needs for men's participation in perinatal care in selected hospitals of Shahid Beheshti University of Medical Sciences hospitals

Preferred educational arrangement	Females (n = 400)		Males (n = 400)		Total (n = 800)	
	No.	%	No.	%	No.	%
Place						
At home	203	25.4	233	29.1	436	54.5
Health centre	67	8.4	84	10.5	151	18.9
Workplace	60	7.5	34	4.2	94	11.8
Physician's office	44	5.5	28	3.5	72	9.0
Hospital	26	3.2	21	2.6	47	5.9
Time						
Weekend	247	20.9	186	23.2	433	54.1
Weekday	153	19.1	219	26.8	367	45.9
Morning	86	10.8	26	3.2	112	14.0
Evening	171	21.3	240	30.0	411	51.4
Night	143	17.9	134	16.8	277	34.6
Prenatal	77	9.6	46	6.8	123	15.4
Postnatal	46	5.8	14	1.8	60	7.5
Prenatal & postnatal	277	34.6	340	42.5	617	77.1
Educator						
Midwife/nurse	359	44.9	390	48.8	749	93.6
Physician	41	5.1	10	1.2	51	6.4
Female	328	41.8	286	35.8	614	76.8
Male	72	9.0	114	14.2	186	23.3
Method						
Couple face-to-face	134	16.8	172	21.15	306	38.3
Fathers group	119	14.9	100	12.5	219	27.4
Father face-to-face	87	10.9	64	8.0	151	18.9
By telephone	2	0.2	0	0.0	2	0.3
Online	2	0.2	2	0.2	4	0.5
Self-learning booklet	14	1.8	142	17.8	156	19.5
CD	129	16.1	2	0.2	131	16.4
Initiation time						
Premarital classes	168	21.0	164	20.5	332	41.5
Prenatal classes	127	15.9	104	13.0	231	28.9
High school: girls and boys	99	12.4	132	16.5	231	28.9
High school: boys	6	0.89	0	0.0	6	0.8