

Table 3 Distribution of participants based on their attitude towards the educational contents for men's participation in perinatal care in Shahid Beheshti University of Medical Sciences hospitals

Educational content	Agree		Disagree	
	No.	%	No.	%
Signs of pregnancy	704	88.0	96	12.0
Postpartum complications	694	86.6	106	13.2
Maternal nutrition	667	83.4	133	16.4
Pain relief for child birth	653	81.6	147	18.4
Prenatal health	630	78.8	170	21.2
Type of delivery (normal or caesarean section)	630	78.8	170	21.2
Common complications of pregnancy	629	78.6	171	21.4
Exercise during pregnancy	628	78.2	172	21.5
Emotional changes during pregnancy	624	78.0	176	22.0
Emotional support of mother	620	77.5	180	22.5
Neonatal care	611	76.4	189	23.6
Physiological changes during pregnancy	602	75.2	198	24.8
Emotional changes for paternal adaptation	565	70.6	235	29.4
Neonatal feeding and complementary food	502	62.7	298	37.2
Baby bathing	446	55.8	354	44.2
Baby napping	390	48.8	410	51.2