

Variable	Low risk (< 10)	Moderate risk (10–19.99)	High risk (≥ 20)	P-value
Demographic and clinical data	Mean (SD)	Mean (SD)	Mean (SD)	
Age (years)	44.1 (7.7)	51.2 (7.6)	59.3 (8.6)	< 0.001
Duration of diabetes (years)	5.4 (4.5)	7.5 (6.5)	10.3 (7.1)	< 0.001
BMI (kg/m ²)	28.6 (4.3)	28.1 (4.4)	27.5 (3.8)	< 0.001
	%	%	%	
Sex (% male)	31.3	47.8	56.8	< 0.001
Hypertension (%)	31.6	44.7	70.4	< 0.001
Metabolic syndrome (%)	65.8	71.4	80.5	0.001
Retinopathy (%)	6.1	13.7	21.6	< 0.001
Renal insufficiency (GFR < 60) (%)	0.5	2.6	16.8	< 0.001
Smoking (%)	10.0	18.0	18.8	0.08
Laboratory data	Mean (SD)	Mean (SD)	Mean (SD)	
FBS (mg/dL)	187.2 (66.4)	198.9 (69.8)	200.2 (70.2)	0.06
HbA1C (%)	7.8 (1.6)	8.6 (1.7)	8.8 (1.9)	< 0.001
Total cholesterol (mg/dL)	203.2 (35.4)	216.6 (41.0)	217.7 (45.3)	< 0.001
LDL cholesterol (mg/dL)	122.7 (26.4)	133.8 (30.9)	134.4 (34.8)	< 0.001
HDL cholesterol (mg/dL)	43.9 (7.7)	42.3 (8.6)	41.3 (9.0)	< 0.001
Non-HDL cholesterol (mg/dL)	163.5 (63.0)	174.7 (38.5)	177.7 (42.5)	< 0.001
TG (mg/dL)	194.8 (121.4)	205.2 (119.9)	220.2 (129.2)	0.007
Uric acid	4.5 (1.2)	4.7 (1.2)	4.9 (1.4)	0.004
Creatinine	0.83 (0.17)	0.92 (0.42)	1.10 (0.56)	< 0.001
Urine albumin to creatinine ratio (mg/gr)	18.4 (24.9)	20.2 (25.2)	49.6 (161.4)	< 0.001
TG/HDL	4.6 (3.1)	5.3 (4.1)	5.7 (3.6)	< 0.001

GFR - glomerular filtration rate; *FBS* - fasting blood sugar; *HbA1C* - glycated haemoglobin; *LDL* - low-density lipoprotein; *HDL* - high-density lipoprotein; *TG* - triglycerides; *SD* - standard deviation.