

Table 1 Characteristics of the patients with type 2 diabetes mellitus (n = 752)

Variable	Mean	SD
<i>Demographic and clinical data</i>		
Age (years)	52.7	10.5
Duration of DM (years)	7.9	6.4
BMI (kg/cm ²)	28.0	4.1
Waist circumference (cm)	106.8	12.3
Systolic blood pressure (mmHg)	141.6	18.7
Diastolic blood pressure (mmHg)	83.2	10.4
<i>Laboratory data</i>		
FBS (mg/dL)	92.4	68.7
HbA1C (%)	8.4	1.8
Total cholesterol (mg/dL)	212.7	42.4
LDL cholesterol (mg/dL)	130.3	31.5
HDL cholesterol (mg/dL)	42.3	8.6
TG (mg/dL)	211.0	124.8
TG/HDL ratio	5.3	3.6
Blood urea nitrogen (mg/dL)	17.9	9.8
Creatinine(mg/dL)	0.97	0.50
Uric acid (mg/dL)	4.7	1.3
Urine albumin/creatinine ratio (mg/g)	34.7	122.7
Glomerular filtration rate (mL/min)	105.8	38.4

BMI - body mass index; FBS - fasting blood sugar; HbA1C - glycated haemoglobin; LDL - low-density lipoprotein; HDL - high-density lipoprotein; TG - triglycerides; SD - standard deviation.