

Table 1 Frequency of teachers' positive responses on selected items of the adapted school health index, before and after the intervention: school health and safety policies and environment module

Item	% of respondents		P-value
	Baseline (n = 202)	Final (n = 193)	
10-minute break for eating school snack	77.7	87.6	0.0096
Handwash before meals encouraged by teachers	66.3	74.1	0.0905 ^a
Committee oversees health programmes	79.1	81.3	0.5835 ^a
Access to low-quality foods prohibited	49.0	60.1	0.0268
20-minute recess, with physical activity stimulation	43.1	49.2	0.2240 ^a
Policies guiding major physical activity targets	39.1	43.1	0.4192 ^a
Physical activity prevention prohibited as punishment	14.4	15.5	0.7592
Access to physical activity facilities outside school hours	11.9	12.0	0.9756 ^a
Policies guiding nutrition goals	32.7	43.5	0.0270
Physical activity facilities availability	3.5	4.1	0.7550 ^a

^anot significant.