

**Table 3 Significant relations between physical and social activities and characteristics of the participants and the residential homes**

Activity	Age	Education	Income	Sex	Duration of stay	Disease	Functional ability	Type of home
<b>Physical</b>	NS	NS	NS	NS	NS	NS	NS	NS
Walking	NS	NS	NS	$\chi^2 = 11.308 P = 0.001$	NS	NS	$\chi^2 = 35.853 P < 0.001$	NS
Sports	NS	NS	NS	NS	NS	$P = 0.046^a$	$\chi^2 = 8.463 P = 0.015$	NS
Isometric	NS	NS	NS	NS	NS	NS	$\chi^2 = 12.554 P = 0.002$	$\chi^2 = 4.188 P = 0.041$
Physiotherapy <sup>c</sup>	NS	NS	$\chi^2 = 8.244 P = 0.016$	NS	$P = 0.015$	NS	$\chi^2 = 8.257 P = 0.016$	$\chi^2 = 10.266 P = 0.001$
<b>Social</b>	NS	NS	NS	NS	NS	NS	NS	NS
Receiving phone calls	NS	$\chi^2 = 51.776 P = 0.001$	$\chi^2 = 36.261 P < 0.001$	$\chi^2 = 11.582 P = 0.001$	NS	NS	$\chi^2 = 9.653 P = 0.008$	$\chi^2 = 58.710 P < 0.001$
Watching TV with others	NS	$\chi^2 = 8.676 P = 0.013$	NS	$\chi^2 = 9.120 P = 0.003$	NS	NS	NS	$\chi^2 = 16.338 P < 0.001$
Participating in trips	NS	NS	$\chi^2 = 9.620 P = 0.008$	NS	NS	NS	$\chi^2 = 18.380 P < 0.001$	$\chi^2 = 6.500 P = 0.011$
Playing games with others	NS	NS	NS	$\chi^2 = 21.727 P < 0.001$	NS	$P = 0.013^a$	$\chi^2 = 15.580 P < 0.001$	
Attending religious meeting	NS	NS	NS	$\chi^2 = 11.849 P = 0.001$	NS	NS	NS	$\chi^2 = 7.109 P = 0.008$
Going to club	NS	$\chi^2 = 37.968 P < 0.001$	$\chi^2 = 43.710 P < 0.001$	$\chi^2 = 5.901 P = 0.015$	$\chi^2 = 11.345 P = 0.003$	NS	NS	$\chi^2 = 34.438 P < 0.001$
Going to mosque/church	NS	$\chi^2 = 9.355 P = 0.009$	NS	$\chi^2 = 46.287 P < 0.001$	NS	NS	$\chi^2 = 25.066 P < 0.001$	NS
Visits to friends	NS	NS	NS	$\chi^2 = 16.999 P < 0.001$	NS	$\chi^2 = 4.235 P = 0.040$	NS	NS
Visits from friends	NS	NS	NS	NS	NS	NS	$P = 0.005^b$	NS

<sup>a</sup>Fisher exact test.

<sup>b</sup>Monte Carlo probability.

<sup>c</sup>Available in only 2 homes for a fee.

NS = no significant relationship.