

Table 2 Presentation of urinary incontinence (UI) by male and female patients

| Variable  | Males (n = 113) |      | Females (n = 240) |      | P-value            |
|---|-----------------|------|-------------------|------|--------------------|
|   | No.             | %    | No.               | %    |                    |
| <b>Frequency</b>  |                 |      |                   |      |                    |
| Less than once per month  | 13              | 11.5 | 21                | 8.8  | 0.704              |
| Once or more per month  | 27              | 23.9 | 57                | 23.8 |                    |
| Once or more per week   | 73              | 64.6 | 162               | 67.5 |                    |
| <b>Amount (volume)</b>  |                 |      |                   |      |                    |
| Drops   | 43              | 38.1 | 81                | 33.8 | 0.035              |
| Moderate  | 39              | 34.5 | 115               | 47.9 |                    |
| Large (complete bladder emptying)   | 31              | 27.4 | 44                | 18.3 |                    |
| <b>Type of UI</b>   |                 |      |                   |      |                    |
| Stress  | 11              | 9.7  | 63                | 26.3 | 0.002              |
| Urge  | 18              | 15.9 | 25                | 10.4 |                    |
| Mixed   | 21              | 18.6 | 136               | 56.7 |                    |
| Other   | 63              | 55.8 | 16                | 6.7  |                    |
| <b>Severity of incontinence (score)</b>                                     |                 |      |                   |      |                    |
| Mild (1-2)  | 13              | 11.5 | 21                | 8.8  | 0.002              |
| Moderate (3-4)  | 61              | 53.9 | 60                | 25.0 |                    |
| Severe (4+)   | 39              | 34.6 | 159               | 66.3 |                    |
| <b>Duration of symptoms</b>   |                 |      |                   |      |                    |
| < 6 months  | 13              | 11.5 | 27                | 11.3 | 0.290              |
| 6 months to < 2 years   | 26              | 23.0 | 71                | 29.6 |                    |
| 2 years to < 5 years  | 29              | 25.7 | 41                | 17.1 |                    |
| > 5 years   | 45              | 39.8 | 101               | 42.1 |                    |
| <b>Associated lower urological complaints<sup>a</sup></b>                   |                 |      |                   |      |                    |
| No  | 35              | 31.0 | 56                | 23.3 | 0.039              |
| Yes   | 78              | 69.0 | 184               | 76.7 |                    |
| <b>Voiding pattern</b>  |                 |      |                   |      |                    |
| Day   | 52              | 46.0 | 103               | 42.9 | 0.178              |
| Night   | 39              | 34.5 | 90                | 37.5 |                    |
| Day & night   | 22              | 19.5 | 47                | 19.6 |                    |
| <b>Degree of bothersomeness<sup>b</sup></b>                                 |                 |      |                   |      |                    |
| Mild  | 15              | 13.3 | 27                | 11.3 | 0.063              |
| Moderate  | 30              | 26.5 | 81                | 33.7 |                    |
| Extreme   | 68              | 60.2 | 132               | 55.0 |                    |
| <b>Activities leading to urine loss [median (IQR) score] (maximum = 30)</b> |                 |      |                   |      |                    |
|   | 15.5 (7.9)      |      | 23.2 (4.5)        |      | 0.032 <sup>c</sup> |

<sup>a</sup>Associated lower urological complaints include frequency, urgency, dysuria, nocturia, haematuria, vaginal pressure and pain in lower abdomen.

<sup>b</sup>Hygienic, social, sexual, mixed.

<sup>c</sup>Mann-Whitney U-test.

IQR = interquartile range.