

**Table 2 Mean score on 20 items of the Farsi version of the Greene climacteric scale comparing peri- and postmenopausal women in Tabriz**

Item no.*	Symptom	Perimenopausal women (n = 100)	Postmenopausal women (n = 100)	P-value <sup>b</sup>
		Mean (SD) score	Mean (SD) score	
1.	Heart beating quickly or strongly	1.20 (0.98)	1.02 (1.09)	0.729
2.	Feeling tense or nervous	1.70 (1.09)	1.50 (1.16)	0.662
3.	Difficulty in sleeping	1.10 (1.23)	1.70 (1.16)	0.045*
5.	Panic attacks	0.86 (1.03)	0.90 (1.01)	0.221
6.	Difficulty in concentrating	1.48 (1.09)	1.22 (1.09)	0.288
7.	Feeling tired or lacking in energy	2.00 (0.08)	1.88 (1.15)	0.565
8.	Loss of interest in most things	1.18 (1.15)	1.38 (1.22)	0.432
9.	Feeling unhappy or distressed	1.60 (1.17)	1.82 (1.18)	0.766
10.	Crying spells	1.70 (3.14)	1.62 (1.27)	0.677
11.	Irritability	1.90 (1.01)	1.78 (1.16)	0.121
12.	Feeling dizzy or faint	0.88 (1.11)	0.78 (1.03)	0.432
13.	Pressure or tightness in head or body	0.82 (1.13)	0.98 (1.13)	0.331
14.	Parts of body feeling numb or tingling	1.24 (1.15)	0.84 (1.05)	0.0321*
15.	Headaches	1.14 (0.98)	0.90 (0.97)	0.488
16.	Muscle and joint pains	1.96 (1.14)	1.86 (1.60)	0.332
17.	Loss of feeling in hands or feet	1.32 (1.16)	1.16 (1.16)	0.551
18.	Breathing difficulties	0.78 (1.03)	0.50 (0.88)	0.212
19.	Hot flashes	2.50 (0.70)	2.42 (0.78)	0.667
20.	Sweating at night	2.14 (1.10)	2.00 (1.17)	0.556
21.	Loss of interest in sex	1.86 (1.12)	2.00 (1.17)	0.778

\*Item 4 of the original scale was omitted in the Farsi version; <sup>b</sup>t-test.

<sup>a</sup>Significant difference between peri- and postmenopausal women at  $P < 0.05$ .

SD = standard deviation.