Table 6 Multivariate linear regression analysis of factors related to changes in glycosylated haemoglobin (HbA1c) levels of diabetic patients between the first clinic visit and 12-month follow-up (n = 882)

Variable	β regression coefficient	P-value
HbA1c level	0.70	< 0.001
Duration of diabetes	−0.16	< 0.001
BMI	−0.09	< 0.001

BMI = body mass index.