

Table 1 Characteristics of subjects in different fasting plasma glucose status groups

Variable	Disease-free (n = 6175)		IGT (n = 418)		DM (n = 629)		Total (n = 7222)
	Mean (SD)		Mean (SD)		Mean (SD)		Mean (SD)
<i>Age (years)</i>	46.4 (12.3)		52.9 (12.0)		57.0 (10.2)		47.7 (12.5)
<i>Anthropometric measures</i>							
BMI (kg/m ²)	27.3 (4.5)		29.5 (4.9)		28.8 (4.6)		27.6 (4.6)
WHR	0.88 (0.08)		0.93 (0.08)		0.94 (0.08)		0.89 (0.09)
	No.	%	No.	%	No.	%	No.
<i>Sex</i>							
Male	2704	43.8	179	42.8	239	38.0	3122
Female	3471	56.2	239	57.2	390	62.0	4100
<i>History of hyperlipidaemia</i>							
Yes	1379	22.3	152	36.4	321	51.0	1852
No	4796	77.7	266	63.6	308	49.0	5370
<i>History of hypertension</i>							
Yes	931	15.1	128	30.6	239	38.0	1298
No	5244	84.9	290	69.4	390	62.0	5924

SD = standard deviation.

IGT = impaired glucose tolerance; *DM* = diabetes mellitus; *BMI* = body mass index; *WHR* = waist-to-hip ratio.