

Table 1 Demographic characteristics of the of the experimental and control groups of women pre-intervention

Characteristic	Experimental group (<i>n</i> = 120) ^a		Control group (<i>n</i> = 120) ^a		Total (<i>n</i> = 240) ^a		<i>P</i> -value (Fisher exact test)
	No.	%	No.	%	No.	%	
<i>Age (years)</i>							0.07
18-26	78	65.0	63	52.5	141	58.8	
27-35	42	35.0	57	47.5	99	41.3	
<i>Education level</i>							0.89
Diploma and below	43	35.8	45	35.5	88	36.7	
University	77	64.2	75	62.5	152	63.3	
<i>Employment status</i>							0.42
Employed	45	37.8	38	32.5	83	35.2	
Not employed	74	62.2	79	67.5	153	64.8	
<i>Economic status</i>							0.17
Good	33	27.5	43	36.1	76	31.8	
Bad/moderate	87	72.5	76	63.9	163	68.2	

^aData were missing in some categories and 30 women did not complete the post-intervention questionnaires.