

**Table 1 Demographic and anthropometric characteristics of the study sample ( $n = 1000$ )**

<b>Characteristic</b>	<b>No.</b>	<b>%</b>
<b><i>Sex</i></b>		
Male	482	48.2
Female	518	51.8
<b><i>Age (years)</i></b>		
< 21	593	59.3
$\geq 21$	407	40.7
<b><i>College</i></b>		
Science	351	35.1
Humanities	649	64.9
<b><i>Sports practice</i></b>		
Yes	514	51.4
No	486	48.6
<b><i>Marital status</i></b>		
Married	47	4.7
Single	953	95.3
<b><i>Job</i></b>		
Employed	26	2.6
Manual work	18	1.8
Unemployed	956	95.6
<b><i>Smoker</i></b>		
Yes	181	18.1
No	819	81.9
<b><i>Place of living</i></b>		
Refugee camp	38	3.8
Village	550	55.0
City	412	41.2
<b><i>Body mass index</i></b>		
Normal <sup>a</sup>	802	80.2
Overweight <sup>b</sup>	159	15.9
Obese <sup>c</sup>	39	3.9

<sup>a</sup>< 25 kg/m<sup>2</sup>; <sup>b</sup>25–29.9 kg/m<sup>2</sup>; <sup>c</sup> $\geq 30$  kg/m<sup>2</sup>.