Table 2 Demographic, behavioural and clinical features of diabetic men and women with depression (Beck Depression Inventory score ≥ 15)

Variable	Men (n = 34)	Women (n = 94)	OR (95% CI)	P-value
Age [mean (SD) years]	55.7 (16.9)	54.2 (12.4)	–	0.88
Family history of diabetes (%)	47.1	38.3	1.43 (0.64–3.10)	0.19
High educational level[a] (%)	38.2	11.7	4.20 (1.10–5.60)	< 0.0001
Married (%)	91.2	98.8	1.50 (1.30–3.10)	0.04
Low income level (%)	51.5	64.9	0.57 (0.20–1.20)	0.06
Overweight[b] (%)	72.7	87.1	2.35 (1.95–6.70)	< 0.0001
Current smoker (%)	30.0	4.3	9.40 (2.10–11.30)	< 0.0001
Duration of diabetes [mean (SD) years]	9.8 (6.8)	8.9 (6.7)	–	0.84
Complications of diabetes (%)	44.1	44.7	0.97 (0.44–2.10)	0.88
Treatment intensity (insulin therapy) (%)	14.5	14.8	0.90 (0.70–1.30)	0.73

[a]High school and more; [b]BMI = body mass index ≥ 25 kg/m².
SD = standard deviation; OR = odds ratio; CI = confidence interval.