

Table 3 Health habits, safety behaviours and psychological status of adolescent students in Taif

Variable	Males (n = 141)		Females (n = 143)		Total (n = 284)		P-value
	No.	%	No.	%	No.	%	
Does not fastening seat belt in a car	116	82.3	134	93.7	250	88.0	0.03
Prefers team activities	118	83.7	113	79.0	231	81.3	0.54
Drinking tea after meals	113	79.6	113	79.6	226	79.6	1.00
Has lots of friends	106	74.1	103	73.0	209	73.6	0.52
Practises sports at least once/week	119	83.8	82	57.8	201	70.8	< 0.01
Fights frequently at home	67	47.5	113	79.6	180	63.6	< 0.01
Eats breakfast regularly	46	32.4	91	64.1	137	48.2	< 0.01
Fights frequently at school	72	51.1	62	43.7	134	47.3	0.24
Prefers going out with friends rather than family	70	49.3	50	35.2	120	42.3	0.022
Brushes teeth regularly	77	54.2	37	26.1	114	40.1	< 0.01
Drives without a license	97	68.8	7	4.9	104	36.6	< 0.01
History of any type of injury	41	29.1	32	22.4	73	25.7	0.22
Washed hands before meals	37	26.1	32	22.5	69	24.3	0.58
Has routine medical examination	25	17.6	27	19.0	52	18.3	0.35
Ever seen by a psychiatrist	6	4.3	1	0.7	7	2.5	0.12
Mean no. of meals/day (SD)	3.39 (1.9)		2.89 (1.0)		3.1 (0.9)		< 0.01
Mean no. fast-food meals/week (SD)	2.56 (2.4)		2.44 (2.1)		2.5 (2.2)		0.619

SD = standard deviation.