

Table 2 Smoking habits and substance abuse among adolescent students in Taif

Variable	Males (n = 141)		Females (n = 143)		Total (n = 284)		P-value
	No.	%	No.	%	No.	%	
Smoking status							
Current smoker	30	21.3	7	4.9	37	13.0	< 0.01
Ex-smoker	28	19.9	19	13.3	47	16.5	
Non-smoker	83	58.9	117	81.3	200	70.4	
Type of smoking (current & ex-smokers)							
Cigarettes	38	65.5	17	65.4	55/84	65.5	0.75
Shisha	6	10.3	4	15.4	10/84	11.9	
Both	14	24.1	5	19.2	19/84	22.6	
Attempted to stop smoking (current smokers)	14/30	46.7	6/7	85.7	21/37	56.8	0.104
Presence of any other smoker at home	70	49.6	78	54.5	148	51.8	0.41
Having peers who smoke	74	52.5	11	7.7	85	29.9	< 0.01
Factors that motivate student to smoke (current & ex-smokers) ^a							
Peer persuasion	55/58	94.8	25/26	96.2	70/84	83.3	0.23
Family member imitation	13/58	22.4	12/26	46.2	36/84	42.8	
Curiosity	33/58	56.9	19/26	73.1	15/84	17.9	
Student's perception of health effects of smoking							
Good	5/58	12.2	3/26	7.0	8/84	9.5	0.48
Hazard	36/58	87.8	23/26	93.0	76/84	90.5	
Illicit drug use	2/139	1.4	9/118	7.6	11/257	4.3	0.025
Illicit drug use by other home members	1/140	0.7	6/117	5.1	7/257	2.7	0.049
Age at first smoking, mean (SD) (years)	13.9 (2.0)		13.3 (3.4)		13.7 (3.2)		0.51
No. cigarettes/day (current smokers), mean (SD)	9.2 (4.1)		5.6 (2.7)		7.4 (3.9)		< 0.01
No. shisha smoked/day (current smokers), mean (SD)	1.5 (0.7)		0.6 (0.3)		1.1 (0.7)		0.03

^aResponses are not mutually exclusive, so total may be more than 100%.