

Table 3 Factors influencing the awareness of hypertension, dyslipidaemia and diabetes: Isfahan Healthy Heart Programme study

Variable	Hypertension OR (95% CI)	Dyslipidaemia OR (95% CI)	Diabetes mellitus OR (95% CI)
Sex			
Male	1	1	1
Female	1.23 (0.64–2.36)	1.10 (0.75–1.70)	2.15 (0.53–8.74)
Age (years)			
19–29	1	1	1
30–59	4.05 (2.32–7.08)	7.26 (5.34–9.90)	4.90 (1.72–13.93)
≥ 60	8.63 (4.89–15.22)	11.34 (8.10–15.90)	6.23 (2.14–18.11)
Education			
Illiterate	1 (0.60–1.67)	0.79 (0.61–1.03)	1.4 (0.56–3.5)
School	0.72 (0.44–2.27)	0.85 (0.63–1.16)	1.3 (0.49–3.42)
University	1	1	1
Job			
Government sector	1	1	1
Private sector	1.12 (0.71–1.78)	0.77 (0.60–0.97)	0.63 (0.3–1.31)
Housewife	2.30 (1.16–4.56)	1.22 (0.80–1.86)	0.38 (0.09–1.60)
Unemployed	1.13 (0.64–1.97)	0.57 (0.38–0.85)	0.92 (0.37–2.30)
Retired	2.10 (1.24–3.55)	1.14 (0.78–1.65)	1.06 (0.46–2.44)
Residence			
Urban	1.23 (0.99–1.52)	1.34 (1.15–1.57)	0.96 (0.66–1.40)
Rural	1	1	1
Marital status			
Married	1.15 (0.87–1.51)	1.08 (0.87–1.33)	1.26 (0.77–2.06)
Single/widowed/divorced	1	1	1

OR = odds ratio; CI = confidence interval.