Table 1 Mean of paraclinical parameters: Isfahan Healthy Heart Programme study

Parameter	Mean	Standard deviation
Total cholesterol (mg/dL)	198.7	55.9
Triglycerides	169.6	109.6
LDL-C (mg/dL)	118.0	40.0
HDL-C (mg/dL)	47.0	12.5
Fasting blood glucose (mg/dL)	83.7	31.6
Systolic BP (mmHg)	115.7	19.1
Diastolic BP (mmHg)	75.5	11.0

LDL-C = low-density lipoprotein cholesterol.
HDL-C = high-density lipoprotein cholesterol.
BP = blood pressure.