

Table 4 Smoking and drinking: knowledge and behaviour by sex

Variable	Males (%)			Females (%)			Total (%)		P <sup>a</sup>
	(n = 53)			(n = 123)			(n = 176)		
	n <sup>R</sup>	No.	%	n <sup>R</sup>	No.	%	No.	%	
Smoking tobacco									
Have smoked a cigarette at least once in your life	51	23	45.1	110	33	30.0	56	34.8	NS
Have smoked shisha at least once in your life	43	11	25.6	105	5	4.8	16	10.8	<0.01
Parents' point of view about smoking by youth	49			114					
Against/prefer me not to smoke		41	83.7		102	89.5	143	87.7	
Don't know/they don't mind		8	16.3		12	10.5	20	12.2	NS
Smoking is a risk factor for:									
Respiratory disease	52	51	98.1	123	120	97.6	171	97.7	NS
Cardiovascular disease	50	44	88.0	118	112	94.9	156	92.9	NS
Cancers	53	51	96.2	121	115	95.0	166	95.4	NS
Reduction in physical ability	50	43	86.0	118	104	88.1	147	87.5	NS
Alcohol use									
Have drunk alcohol $\geq 1$	49	14	28.6	112	8	7.1	22	13.7	<0.001
Knowledge about sources of alcohol for youth <sup>b</sup> :									
	42			100			142		
Shop		30	71.4		57	57.0	87	61.3	NS
Black market		19	45.2		57	57.0	76	53.5	NS
Available at home		8	19.0		24	24.0	32	22.5	NS
Self production		1	2.4		7	7.0	8	5.6	NS
Parents' point of view about drinking by youth	46			104					
Against/prefer me not to drink		38	82.6		93	89.4	131	87.3	
Don't know/other answers		8	17.4		11	10.6	19	12.7	NS
Main source of health education	48			112					
Medical staff		11	22.9		46	41.1	57	35.6	
School/family		3	6.3		9	5.4	9	5.6	
Mass media		34	70.8		94	53.6	94	58.8	NS

<sup>a</sup>P for differences between males and females; <sup>b</sup>Students could choose more than 1.

n<sup>R</sup> = number of respondents for each variable.

NS = not statistically significant.