

Table 1 Serum vitamin B₁₂ levels according to age and sex

Variable	Total No.	Normal B ₁₂		B ₁₂ hypovitaminosis		B ₁₂ deficiency		P-value
		No.	%	No.	%	No.	%	
<i>Age (years)</i>								
18–24	195	26	13.3	68	34.9	101	51.8	0.001
25–39	213	41	19.2	82	38.5	91	42.7	
40–54	250	57	22.8	75	30.0	119	47.6	
55–64	114	34	29.8	33	28.9	47	41.2	
> 64	54	17	31.5	24	44.4	13	24.1	
Missing	12	–	–	–	–	–	–	
<i>Sex</i>								
Female	558	128	22.9	201	36.0	229	41.0	0.008
Male	280	49	17.5	85	30.4	146	52.1	
<i>Total</i>	838	177	21.1	287	34.2	374	44.6	