

Table 1 Demographic data of asthma patients (n = 123)

Variable	No.	%
Age (years)		
Mean (SD)	46.46 (14.86)	
Min-max	16-83	
Sex		
Female	73	59.3
Male	50	40.7
Literacy/education level		
Illiterate	27	22.0
Low literate	12	9.8
Elementary school	26	21.1
Guidance school	27	22.0
High school	23	18.7
College	8	6.5
Length of time with diagnosis of asthma (months)		
Mean (SD)	84.42 (102.13)	
Min-max	0-600	
Employment		
Employed	66	53.6
Unemployed ^a	57	46.4
Immigration status		
Immigrant	81	65.9
Native	34	27.6
Living in other cities	8	6.5
Smoking status		
Active	7	5.7
Passive	25	20.3
Non-smoker	73	59.3
Ex-smoker	18	14.6
Disease history		
Family history of asthma	51	41.5
History of other chronic disease	39	31.7
History of taking medication for other chronic disease	42	34.1
Asthma grade		
1	34	27.6
2	43	35.0
3	40	32.5
4	6	4.9

^aWomen who were housekeepers were categorized as unemployed.

SD = standard deviation.