

Table 5 Results of multivariate analysis in group 2 (antihypertensive treatment)

Variable	Odds ratio (95% CI)	P-value
BMI (kg/m ²)		0.87
< 25	1	
25–29.9	1.10 (0.76–1.61)	
> 30	1.05 (0.69–1.60)	
Sex (% women)	2.19 (1.59–3.01)	< 0.0001
Grade of hypertension ^a		< 0.0001
1	1	
2	0.32 (0.32–0.45)	
3	0.10 (0.06–0.16)	

^aGrade 1 blood pressure (BP): 140–159/90–99 mmHg; grade 2 BP: 160–179/100–109 mmHg; grade 3 BP: ≥ 180/≥ 110 mmHg.