Table 1 **Levels of the surveillance system: CASPIAN Study**

Module	Step 1 Questionnaire-based	Step 2 Physical measurements	Step 3 Biochemical analyses
Data collection	Each 2 years	Each 2 years	Each 3–5 years
Core	Family history, socioeconomic and demographic variables, tobacco, physical inactivity, nutrition	Weight, height, waist, and blood pressure	
Expanded core	Dietary patterns, physical activities (in detail), household indicators	Hip girth	Total- and high-density lipoprotein cholesterol, triglycerides, fasting blood sugar
Optional (examples)	Mental health, injury	Skin fold, pulse rate	Oral glucose tolerance test & insulin among obese subjects, lipoprotein A, apolipoprotein A, apolipoprotein B, C-reactive protein, urine