

Table 6 Mean knowledge score of the lecture and videotape groups, pre-training, and 2 weeks and 1 month after the training

Performance	Lecture group (n = 165) Mean (SD) score	Videotape group (n = 132) Mean (SD) score	P-value
<i>Knowledge</i>			
Pre-training	14.20 (4.17)	14.04 (2.78)	> 0.05
2 weeks after	21.10 (4.30) ^b	22.60 (4.20) ^b	> 0.05
1 month after	20.18 (4.90) ^b	21.30 (4.80) ^b	> 0.05
<i>P-value</i> ^a	< 0.001	< 0.001	
<i>Practice</i>			
Pre-training	9.32 (4.22)	9.05 (4.05)	> 0.05
2 weeks after	10.82 (3.96)	11.20 (3.25)	> 0.05
1 month after	10.52 (3.45)	11.01 (3.47)	> 0.05
<i>P-value</i> ^a	> 0.05	> 0.05	

^aANOVA test.

^bSignificant compared to pre-training (P < 0.05).

n = total number of participants; SD = standard deviation.