

Table 3 Self-reported abstinence from smoking at 1-month and 1-year follow-up for participants in 4 Quit and Win contests in Isfahan (1998–2004)

Year	Abstinence rate (%)	
	After 1 month	After 1 year
1999	41.8	22.5
2001	91.8	85.5
2003	83.3	78.5
2005	92.8	91.2