

Table 2 Demographic characteristics of participants in 4 successive Quit and Win contests in Isfahan

Variable	Year 1998 (<i>n</i> = 7065)		Year 2000 (<i>n</i> = 8024)		Year 2002 (<i>n</i> = 14 650)		Year 2004 (<i>n</i> = 4429)	
	No.	%	No.	%	No.	%	No.	%
Sex								
Male	6 924	98.2	7 849	97.8	14 274	97.4	4 025	90.9
Female	141	1.8	175	2.2	376	2.6	404	9.1
Age (years)								
18–30	1 307	18.5	2 668	32.5	6 270	42.8	2 151	48.6
31–40	4 402	62.3	4 346	54.2	7 179	49.0	1 289	29.1
40+	1 356	19.2	1 071	13.3	1 201	8.2	989	22.3
Cigarettes (no. per day)								
1–10	1 908	27.0	3 341	41.6	7 168	48.9	967	21.8
11–20	4 006	56.7	3 641	45.6	6 221	42.5	2 364	53.4
21–40	975	13.8	916	11.4	704	4.8	995	9.2
40+	176	2.5	126	1.6	557	3.8	103	2.3
Mean (SD)	14.5 (2.5)		12.6 (1.8)		12.5 (3.6)		17.0 (3.2)	
Marital status								
Single	1 399	19.8	1 429	17.8	3 766	25.7	521	11.8
Married	5 666	80.2	6 517	81.2	10 768	73.5	3 867	87.3
Widowed	–	–	78	1.0	116	0.8	41	0.9
Education (years)								
< 5	1 024	14.5	1 003	12.5	3 267	22.3	878	19.8
5–9	1 286	18.2	1 108	13.8	2 947	20.1	835	18.9
10–12	4 345	61.5	4 695	58.5	4 510	30.8	1812	40.9
> 12	410	5.8	1 218	15.2	3 926	26.8	904	20.4
Period of smoking (years)								
1–9	2 296	32.5	2 315	29.5	6 271	42.8	2 370	53.5
10–19	2 953	41.8	2 653	33.6	4 615	31.5	1 254	28.3
20+	1 816	25.7	2 881	36.7	3 764	25.7	805	18.2
Previous attempts to quit (no. of times)								
0	933	13.2	136	1.7	175	1.2	2 359	53.3
1–2	1 293	18.3	5 947	74.1	10 036	68.5	1 532	34.6
3+	4 839	68.5	1 941	24.2	4 439	30.3	538	12.1

SD = standard deviation.