

**Table 3 Prevalence of cardiovascular risk factors according to waist circumference (WC)**

Risk factor	WC females (cm)				WC males (cm)			
	< 88		≥ 88		< 102		≥ 102	
	(n = 456)		(n = 1314)		(n = 1600)		(n = 324)	
	No.	%	No.	%	No.	%	No.	%
TC ≥ 240 mg/dL	47	10.3	469	35.7	286	17.8	123	37.9
TG ≥ 200 mg/dL	40	8.7	500	38.0	427	26.7	190	58.6
LDL-C ≥ 160 mg/dL	41	8.9	343	26.1	213	13.3	72	22.2
HDL-C < 40 mg/dL	79	17.3	308	23.4	410	25.6	109	33.6
High blood pressure <sup>a</sup>	44	9.6	3	25.7	11.4	127	39.2	
FBS > 126 mg/dL	9	1.9	122	9.3	59	3.7	37	11.4
Impaired 2-hpp	8	1.7	134	10.2	65	4.	44	13.6
	10	2.	731	55.6	58	3.	190	58.6
Smoking	11	2.4	32	2.4	483	30.2	83	25.6

<sup>a</sup>Systolic blood pressure ≥ 30 mmHg and/or diastolic blood pressure ≥ 85 mmHg.

TC = serum total cholesterol; TG = triglycerides; LDL-C = low-density lipoprotein cholesterol; HDL-C = high-density lipoprotein cholesterol; FBS = fasting blood sugar; 2-hpp = 2-hour post-load plasma glucose.

P < 0.0001 for all risk factors except for smoking in females, P = 0.1.