

Table 1 Demographic and clinical characteristics of diabetic patients and healthy controls

Characteristic	Patients (n = 250)	Controls (n = 60)
Mean (SD) age (years)	53 (11)	52 (10)
Male/female (No.)	95/155	22/38
Mean (SD) body mass index (kg/m ²)	28.7 (6.0)	26.0 (4.4)
Mean (SD) waist circumference (cm)	96 (8.4)	93 (8.5)
Mean (SD) systolic blood pressure (mmHg)	140 (19)	127 (12)
Mean (SD) diastolic blood pressure (mmHg)	84 (10)	72 (9)
Physically active/inactive (No.)	66/184	21/39

n = number of patients; SD = standard deviation.